

RESOURCE GUIDE



Office of
Mental Health



Allegany County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Crisis Line/Hotline/Warm line—Clarity Wellness

24/7 phone line offering support to those in crisis.
888-448-3367
Hours: 24/7

WNY Law Enforcement Helpline

Support to law enforcement members and their families.
716-858-2677
Call 24/7 for support and intake forms
www.wnylawenforcementhelpline.org

988 Suicide & Crisis Lifeline

Call 988/Text 988
Chat: chat.988lifeline.org

Veterans Crisis Hotline

Confidential support for veterans.
Call 988, and choose option “1” for veterans.
Text: 838255 or chat online
www.veteranscrisisline.net/get-help-now/chat/

Mental Health Treatment & Rehabilitation

Clarity Wellness Community

Mental health, medication, peer, & other services.
4220 Bolivar Road, Wellsville, NY 14895
585-593-6300
Hours: Monday 8am-5pm, T/Th 8am-7pm; Friday 8am-4pm

Allegany Co. Community Services

Case management services to assist individuals with linking to medical, social, educational, mental health and/or other services.
45 N Broad Street, Wellsville, NY 14895
585-593-1991
Hours: Monday-Friday 8:30am-4:30pm

Catholic Charities

Mental health counseling for children, adults and families.
67 East Pearl St, Wellsville, NY 14895
585-593-2015
Hours: Monday-Friday 8:45am to 4:45pm

Peer Support Services

Recover Options Made Easy (ROME)

Provides peer services, short term & intensive crisis respite, peer run/staffed residences, & supportive housing.
716-531-5508 or 1-800-421-1114 dial 0
Visit <https://recoveryoptionsny.org/contact/>
Or email info@recoveryoptionsny.org for more information

Please call to learn more and to be directed to the appropriate program based on your individual needs.

AspireHope NY, Allegany

Peer services and support for families, parents and youth in-home, in the community, or transitioning back to the community.
25 West Steuben Street, Bath, NY 14810
607-776-2164 (Reference Allegany County)
Use link provided below for more program information.
www.aspirehope.org/our-services

Mental Health Advocates of WNY

Provides supportive services to families/individuals including peer services, skills training, a wide range of advocacy services, and more.
716-886-1242 (Buffalo office)
Hours: Monday-Friday, 8:30am - 4:30pm
* All in-person groups are held in Buffalo location. Virtual options available. Visit website for groups schedules.
mhawny.org

Directions in Independent Living

Provides extensive support services and care coordination to those with disabilities.
55 E. Fassett Street Wellsville, NY 14895
585-296-3408
Hours: Monday-Friday - 8am-4pm / accepts walk-ins
www.oleanilc.org/services.html

Addiction or Substance Use Treatment and Support

Allegany Council on Alcoholism & Substance Abuse

Substance use counseling for adults/adolescents.
2956 Airway Road, Wellsville, NY 14895
585-593-6738
Hours: Monday/Tuesday 8am-8pm; Wednesday 8am-4pm Thursday 8am-7pm; Friday 8am-4pm
*Offers MAT clinic

WNY Opioid Addiction Treatment MAT Hotline

Quick access to Medication Assisted Treatment for adults using opiates
716-463-6222
Hours: 24/7

OASAS 24-Hour Hopeline

24/7 helpline for substance use and gambling concerns.
1-877-846-7369 or text 467369

Alcoholics Anonymous (AA)

NY-PENN Intergroup—Olean, NY
716-372-4800
Call 24/7 for information on groups held in your area.

Narcotics Anonymous (NA), Western NY Region

315-847-3842
Call 24/7 for information on groups held in your area.
Meeting info can be texted directly to your phone.

Never Use Alone

Nationwide service where operators with lived experience remain with the caller while using and oversee that the person uses safely.
877-696-1996 Call 24/7/365

Naloxone NOW

Text "NARCAN" to 21000 to arrange for delivery.

Other Services

Allegany County Department of Social Services

Assists with SNAP, Medicaid, Temporary Assistance, HEAP, Adult Services, and other services.
7 Court Street Room, Belmont, NY 14813
585-268-9316

Health Homes of Upstate New York (HHUNY)

Care management services for Medicaid recipients.
1-855-613-7659
Visit www.hhuny.org/about/where-we-are/
Or email referrals@hhuny.org or askhhuny@hhuny.org

NYS Domestic and Sexual Violence Hotline

Hotline 1-800-942-6906
Text 1-844-997-2121
Chat: opdv.ny.gov

USDA National Hunger Hotline

Food assistance for families.
1-866-348-6479/English Or 1-877-842-6273/Spanish
Hours: Monday-Friday 7am-10pm

Medicaid Transportation MAS

Provide transportation to Medicaid recipients for medical appointments/non emergency medical transportation.
1-866-753-4543 press 9
Hours: Monday-Sunday 7am-7pm

To find more mental health programs and services visit our website at www.omh.ny.gov



BeWell.ny.gov

